

Tried and True Homemade Playdough Recipes

PlayDough

1 cup flour
1/2 cup salt
2 tsp cream of tartar
Mix these dry ingredients together in a pan.

In a separate bowl, mix
1 cup water
1 tbsp oil
Food colouring
Mix together and cook on medium heat.



Kool-Aid Play Dough

1 cup flour
1/4 cup salt
2 tbsp cream of tartar
1 pkg kool-aid, any flavour (*see note)
1 cup water
1 tbsp oil
1 medium or large pot

Mix all the ingredients in a saucepan, cook on medium heat, stirring frequently, until the mixture forms a ball. Cool slightly and place on a floured surface, knead for 1 minute. Store in a plastic ziploc bag (see teacher hack).

*Note- Kool-Aid can be very hard to find in stores. Discovery Nursery School has various kool-aid packages available for purchase- \$0.75 each

Aromatherapy Playdough

2 cups flour
2 cups coloured water
1 cup salt
1 tbsp oil
1 tsp cream of tartar
5 drops of your favourite essential oil

Combine all the ingredients, except for the essential oil, in a large saucepan and stir until combined. Once combined, put over the medium heat. Stir frequently until it forms a ball. Remove for the heat and cool. Add 5 drops of essential oil and knead until combined. Store in an airtight container.



Teacher hack- When cooling the playdough, wrap a towel around the warm playdough. If playdough is still warm when its time to store, place a paper towel in the Ziploc bag, don't close completely, place a towel over the opening of the Ziploc.